



DEPARTMENT OF THE NAVY  
COMMANDER NAVY REGION SOUTHWEST  
937 NO. HARBOR DR.  
SAN DIEGO, CA 92132-0058

IN REPLY REFER TO:

COMNAVREGSWINST 1710.3

N92MP

15 OCT 2003

COMNAVREGSW INSTRUCTION 1710.3

Subj: FITNESS FACILITY AND GROUP EXERCISE CLASS FEES FOR DOD  
CIVILIAN PERSONNEL AND AUTHORIZED GUESTS/GROUP EXERCISE  
CLASS FEES FOR AUTHORIZED FAMILY MEMBERS

Ref: (a) BUPERSINST 1710.11C

Encl: (1) Membership Fee Schedule for Fiscal Year

1. Purpose. To publish policy regarding the use of fitness facilities and group exercise classes by DoD civilian personnel, authorized guests, and family members with valid military identification cards. For purposes of this instruction, the term "fitness" shall refer to fitness, sports and aquatic facilities.

2. Background. The Fitness and Recreation Department, which is primarily for the benefit of military personnel and their family members, maintains fitness facilities and programs on Navy installations. Where capacity exists, reference (a) permits extending authority to use fitness facilities and programs to other government employees, contractors and guests.

3. Policy. Active duty, retirees, and reservists will continue to use these facilities and classes at no charge. Department of the Navy Firefighters and Police Officers will be allowed to use fitness facilities free of charge if they are required to maintain a specific level of fitness. Family members will have free access to fitness facilities; however, they will be required to pay a minimal fee for group exercise classes. Those installations authorizing civilian DoD personnel, contractors and guests to use fitness facilities and participate in group exercise classes will implement a membership fee. If the facilities become overcrowded as a result of this expanded eligibility, the total number of memberships available will be restricted and a waiting list established. Enclosure (1) provides the fee schedule for MWR activities.

4. Eligibility. Installation Commanding Officers shall have authority in determining whether fitness facilities are available to civilian DoD personnel, contractors and guests.

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Determination shall be based upon the ability of the facility to accommodate additional users without excessive impact to active duty, retired personnel, reservists and family members.

5. Membership Plan. The Fitness Facility and Group Exercise Membership Plans are available on a monthly or annual basis with cards issued for each of these memberships. Additionally, daily use of fitness facilities and participation in group exercise classes can be purchased on a pay-as-you-participate basis. Authorized guests will be allowed to purchase a daily pass for fitness facility use and exercise classes. All memberships will be sold based on the fiscal year (i.e. 1 October through 30 September, etc). All annual memberships purchased after 31 October will be sold on a prorated basis calculated through the end of September. A different colored card will be used for each of the following categories:

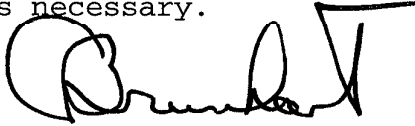
- a. Fitness facility monthly.
- b. Fitness facility annual.
- c. Group exercise monthly.
- d. Group exercise annual.

DoD employees and contractors who purchase a fitness facility membership will also be given access to group exercise classes during the time their membership is active. The membership card will be valid for all fitness facilities under a reciprocal agreement for DoD employees on official travel throughout Navy Region Southwest. The membership fees for civilian DoD employees, contractors, guests and family members are included in enclosure (1).

6. Action. Installation Commanding Officers are responsible for implementation of this policy. This program shall be monitored regularly to ensure compliance.

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7. Review Authority. Commander, Navy Region Southwest Fitness and Recreation Department shall review this instruction annually, making changes as necessary.



A. D. BRUNHART  
Deputy and  
Chief of Staff

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**MEMBERSHIP FEE SCHEDULE FOR FISCAL YEAR**

<u>Month</u>	<u>Fitness Facility</u> <u>Monthly</u>	<u>Fitness</u> <u>Facility</u> <u>Annual</u>	<u>Group Exercise</u> <u>Monthly</u>	<u>Group Exercise</u> <u>Annual</u>
NOVEMBER	\$20.00	\$183.33	\$15.00	\$137.50
DECEMBER	\$20.00	\$166.67	\$15.00	\$125.00
JANUARY	\$20.00	\$150.00	\$15.00	\$112.50
FEBRUARY	\$20.00	\$133.33	\$15.00	\$100.00
MARCH	\$20.00	\$116.67	\$15.00	\$87.50
APRIL	\$20.00	\$100.00	\$15.00	\$75.00
MAY	\$20.00	\$83.33	\$15.00	\$62.50
JUNE	\$20.00	\$66.67	\$15.00	\$50.00
JULY	\$20.00	\$50.00	\$15.00	\$37.50
AUGUST	\$20.00	\$33.33	\$15.00	\$25.00
SEPTEMBER	\$20.00	N/A	\$15.00	\$15.00

	<u>Fitness</u> <u>Facility Fee</u>	<u>Group Exercise</u> <u>Fee</u>
Family Members	N/A	\$2.00/class
DOD Civilians	\$2.00/day	\$2.00/class
Guests	\$3.00/day	\$3.00/class

Enclosure (1)